

# St Brigids PS Lunch Menu: Single Choice Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>WEEK 1</b> 03/01/22 31/01/22 28/02/22 28/03/22	Steak Casserole Crusty Bread Fresh Diced Turnip Tossed Salads Mashed Potato/Baby Boiled Potatoes  Ice Cream, Fruit & Chocolate Sauce	Oven Baked Breaded Chicken Goujons Selection of Dipping Sauces Garden Peas Selection of Salads Mashed Potato  Fruit Muffin & Milkshake	Breast of Chicken Curry with Boiled Rice, Naan Bread Fresh Sliced Carrots Medley of Fresh Vegetables  Carrot Cake & Custard	Roast Loin Pork Herb Stuffing, Gravy Fresh Baton Carrots Broccoli Florets Dry Oven Roast Potatoes Mashed Potato  Fresh Fruit Salad & Yoghurt	Salmon Fishcake Sweetcorn Crunchy Coleslaw Pasta Salad, Tossed Salad Chips Chilli Baby Boiled Potato  Flakemeal Biscuit, Melon Boat with Yoghurt
<b>WEEK 2</b> 10/01/22 07/02/22 07/03/22 04/04/22	Spaghetti Bolognaise Grated Cheese Sliced Crusty Baguettes Broccoli Florets Fresh Baton Carrots  Homemade Rice Pudding & Peaches	Fresh Breaded Cod with Lemon Slice, Tartar Sauce Baked Beans Tossed salad Mashed Potato  Apple Crumble & Custard	Breast of Chicken Curry with Boiled Rice, Naan Bread Crunchy Fresh Coleslaw Garden Peas Selection of Salads  Homemade Shortbread & Fruit Pot	Roast Beef, Herb Stuffing, Gravy, Cauliflower Cheese, Fresh Diced Carrot & Parsnip Dry Roast Potato, Mashed Potato  Melon Slice & Yoghurt	Breaded Chicken Goujons or Chicken Baguette Selection of Salads, Salsa Dip Sweetcorn Chips Baked Potato  Jelly & Ice Cream with Fruit
<b>WEEK 3</b> 17/01/22 14/02/22 14/03/22 11/04/22	Savoury Mince & Onion Fresh Baton Carrots Broccoli Florets Mashed Potato  Chocolate and Orange Sponge & Custard	Breaded Cod Fish Fingers Baked Beans Sweetcorn Mashed Potato  Homemade Rice Pudding & Pears	Breast of Chicken Curry with Boiled Rice, Naan Bread French Green beans Tossed salad  Flakemeal Biscuit & Mandarin Orange	Roast Turkey, Herb Stuffing Cranberry Sauce, Gravy Fresh Carrot & Parsnip Fresh Savoy Cabbage Dry Oven Roast Potatoes Mashed Potato  Fresh Fruit Pot & Yoghurt	Hotdog, Sauté Onions Or Beef Fajita Carrot and Cucumber sticks With Homemade Garlic Dip Peas Chips or Baby Boiled Potatoes  Raspberry ripple Ice Cream & Fresh Fruit
<b>WEEK 4</b> 24/01/22 21/02/22 21/03/22	Fresh Breaded Cod Fillets Lemon Slice and Tartar Sauce, Baked Beans Carrot and Cucumber Sticks Mashed Potato  Flakemeal Biscuit, Fruit & Custard	Irish Stew Homemade Wheaten Bread Broccoli Florets Sweetcorn  Strawberry Mousse & Fresh Fruit	Breast of Chicken Curry with Boiled Rice, Naan Bread Garden Peas Mashed Fresh Turnip  Lemon Sponge & Custard	Roast Beef Herb Stuffing, Gravy Cauliflower with Cheese Sauce Fresh Baton Carrots Dry Oven Roast Potatoes Mashed Potato  Fresh Fruit & Yoghurt	Homemade Marguerita Pizza Crunchy Fresh Coleslaw Tossed salad Pasta Salad Baked Potato Chips  Ice Cream Tub & Fresh fruit

**Breads  
Milk, Water  
Fresh Fruit,  
Yoghurt  
Available Daily**

**Selection of salads  
available daily**

**If You Require  
Any Additional  
Information on  
Allergens or  
Special Diets  
Please Contact  
the School to  
complete a  
Special Diets  
Application Form**

